

Polish Your Car With JOHNSON'S PREPARED WAX

It cleans, polishes and finishes in one operation. It will keep the body, hood and fenders of new cars bright and good looking for an indefinite time—and will make old cars look as well as a coat of paint and varnish.

Does Not Gather Dust

Johnson's Prepared Wax imparts a perfectly hard, dry, glasslike finish that cannot collect dust. It forms a thin, protecting film over the varnish—greatly prolonging its life. It prevents checking and cracking—covers up small scratches and

"Sheds Water Like a Duck's Back"

There are dozens of uses for Johnson's Prepared Wax—you will find it splendid as a polish for

Floors Linoleum Woodwork Desks, Golf Clubs, Gun Stocks, etc.

Johnson's Prepared Wax gives perfect results over any finish—varnish, shellac or oil.

For 10c we will send you postpaid enough Wax for polishing an automobile, a piano, several pieces of furniture or a small floor.

S. C. JOHNSON & SON, Dept. A.S.6, Racine, Wis.



with 3-in-One Oil. It will make door hinges work noiselessly. For longer wear and easier work use 3-in-One on your:

Sewing machine, typewriter, talking machine, ice cream freezer, bicycle, skates, music box, lawn mower, cream separators, clocks, locks, hinges, bolts, catches, pulleys, scales, scissors and everything else around your home that ever needs oiling.

3-in-One is a clear, light oil preparation that cuts out all dirt and never gums or cakes. It lubricates perfectly every action part and prevents wear. No grease; no acid. 3-in-One also cleans and polishes all wood and metal surfaces—absolutely prevents rust and tarnish, indoors and out.

FREE Write for generous free sample of 3-in-One, today. Give it a good hard test. Sold everywhere in 3 size bottles: 10c (1 oz.), 25c (3 oz.), 50c (8 oz. 1/2 pint). Also in new patented Handy Oil Can containing 3 1/2 ozs. of oil, 25c.

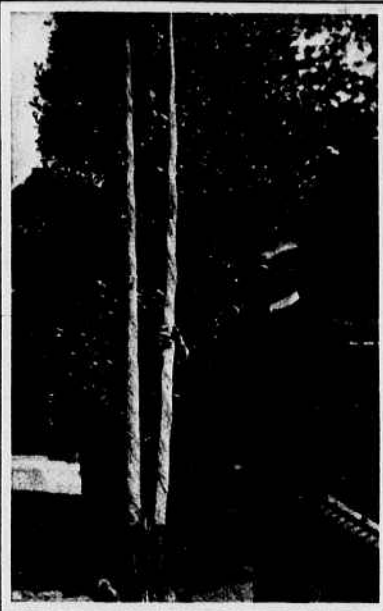
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Keeps Skin Smooth, Firm, Fresh — Youthful Looking

To dispel the tell-tale lines of age, illness or worry—to overcome flabbiness and improve facial contour—there is nothing quite so good as plain **POWDERED SAXOLITE**. Effective for wrinkles, crowfeet, enlarged pores, etc., because it "tightens" and tones the skin and underlying tissue. No harm to tenderest skin. Get an ounce package, follow the simple directions—see what just one application will do. Sold at all drug stores.



These record-breaking tusks belong to a narwhal. A narwhal is supposed to have only one tusk, but this one had two, and they were more than eight feet long.

"Can I Stop Snoring?"

By EDWIN F. BOWERS, M.D.

Each week Dr. Bowers will answer the most interesting question received. Next week: "Why Do I Come Back Tired from My Vacation?"

TWOSCORE of readers plead for a cure for snoring—for a "relative." Here is the answer:

Man is the only animal in the world that sleeps flat on his back with his mouth wide open. Hence the snore; for, if we stop to think but a moment, the mechanics of snoring are readily understood.

When the head is held upright, and the respiratory passages are normally aligned, snoring is impossible. When the head tilts forward there is a relaxation of some of the respiratory muscles, notably the soft palate. This membrane divides the air currents, so to speak, and under the stimulus of inspiration and expiration this flaps free in the breeze—which relaxation is triumphantly proclaimed in a reverberating solo.

The cure for snoring is to breathe always through the nose. This is, perhaps, not so easy as it may sound; for, as in hay fever, in which condition almost invariably there is some abnormality in the nasal passages, the habit of snoring may depend primarily upon adenoids, enlarged turbinated bones, a twisted septum, or even an overfilled and spongy mucous membrane lining in the nose.

So, first of all, the advice of a nose and throat specialist should be sought, and if there are any nasal obstructions these should be removed.

If, after the nose is cleared, mouth

breathing still persists, a piece of isinglass court plaster may be placed over the lips before retiring, and the mouth thereby kept closed. In fact, it might be wise for all who have a tendency to sleep with the mouth open to adopt this simple expedient as a routine measure.

Next, the height of the pillow—for every adult should sleep with a pillow in order to maintain normal alignment of the respiratory organs and tube—should be regulated; neither too high, for this will tilt the head forward, producing relaxation, nor too low, which stretches the muscles and causes a compensatory sagging of the lower jaw.

A German specialist even advises the wearing at night of a sort of yoke, which supports the chin and prevents it from "snuggling down" on the collarbone. Equally good results may follow the wearing of a bandage passed under the chin and pinned tight over the top of the head.

Next, the snorer must be discouraged from sleeping on his back. A heavy cloth bandage or towel, bound round the waist and tied at the back in a large, fat knot, will effectually prevent this; for the offender will have either to sleep on his side or not at all.

If even the most hardened sinner can be induced to follow this line of treatment consistently, his cure is almost certain.

Conspicuous nose pores

How to reduce them

Complexions otherwise flawless are often ruined by conspicuous nose pores.

In such cases the small muscular fibres of the nose have become weakened and do not keep the pores closed as they should be. Instead these pores collect dirt, clog up and become enlarged.

To reduce these enlarged pores: Wring a cloth from very hot water, lather it with Woodbury's Facial Soap, then hold it to your face. When the heat has expanded the pores, rub in very gently a fresh lather of Woodbury's. Repeat this hot water and lather application several times, stopping at once if your nose feels sensitive. Then finish by rubbing the nose for a few minutes with a lump of ice.

Woodbury's Facial Soap cleanses the pores. This treatment with it strengthens the muscular fibres so they can contract properly. But do not expect to change in a week a condition resulting from years of neglect. Use this treatment persistently. It will gradually reduce the enlarged pores until they are inconspicuous.

A 25c cake of Woodbury's Facial Soap is sufficient for a month or six weeks of this treatment. Get a cake today. It is for sale by dealers everywhere throughout the United States and Canada.

Write today for sample—For 4c we will send a "week's size" cake. For 10c, samples of Woodbury's Facial Soap, Facial Cream and Powder. Address: The Andrew Jergens Co., 1006 Spring Grove Ave., Cincinnati, O. In Canada, address The Andrew Jergens Co., Ltd., 1006 Sherbrooke Street, Perth, Ontario.

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